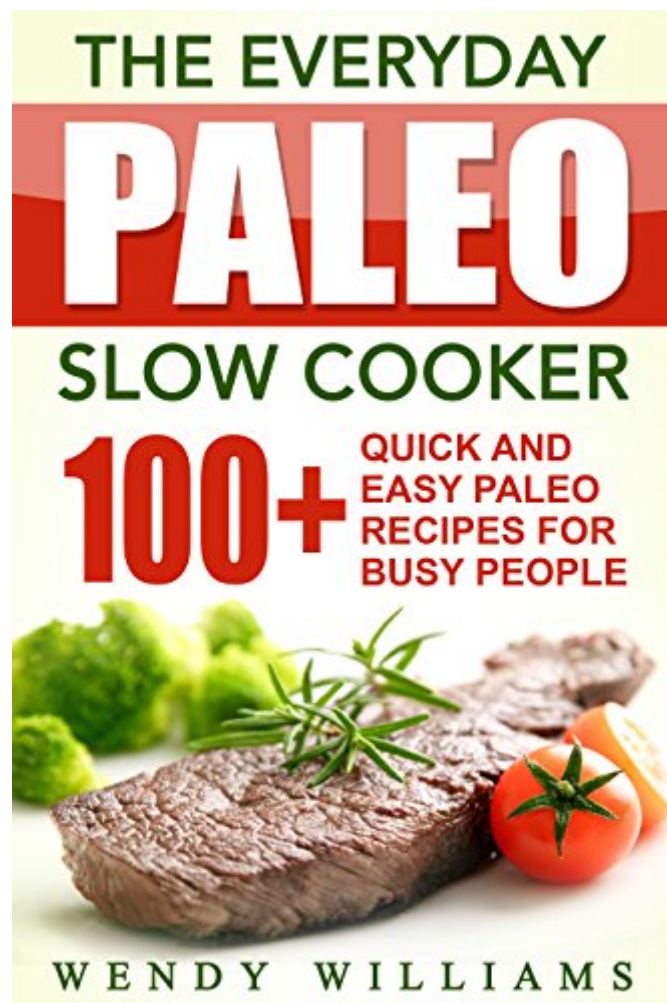




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# **The Everyday Paleo Slow Cooker: 100+ Quick And Easy Paleo Slow Cooker Recipes For Busy People (paleo Diet, Paleo, Paleo Solution, Paleo Diet Cookbook, Paleo Books, Paleo Ebooks, Paleo Diet Kindle)**





## Synopsis

Do You Spend ENDLESS HOURS in the Kitchen everyday trying to make a Paleo Meal? Do you want an abundant supply of delicious, quick and easy Paleo Diet recipes at your fingertips? Are you looking for a way out of slaving away hours in the kitchen preparing the next meal? Do you want to meet all your Paleo Diet goals effortlessly? **Then Look No Further! This Book Will help you make your Paleo Lifestyle Easy and Uncomplicated!** Now all you need to do is assemble ingredients, put them in your Slow Cooker and come back after 8 hours to a delicious and wholesome Paleo Meal. You will **FREE UP** at least 2 HOURS everyday while still enjoying all the health benefits of Paleo Diet. Say GoodBye to the Daily Grind! Prepare Delicious Paleo Meals in less than 20 minutes! No spending hours chopping, slicing, dicing and stirring. No need of superior knife skills to make a dish or spending hours in clean up. No sifting through 20 variations of the same recipe with ingredients you have never heard of and steps that will keep you engaged for the day. Forget the days of undercooked and burnt food. Forget the hours of cleanup after cooking. Not your Average Paleo CookBook! This book is a **PRACTICAL Paleo Slow Cooker** cookbook to help you make **EVERYDAY Paleo Meals**. It has 100+ **UNIQUE Paleo Diet RECIPES** that you will actually use in your everyday cooking. The recipes are arranged to help you navigate easily. Each Paleo Recipe in this book Contains simple step-by-step instructions that are well organised and easy to read. Is Paleo Compliant and Easy to Follow. Contains ingredients that are easily available at your nearest grocery store. Requires an active preparation time of less than 20 minutes. Is fairly easy to put together on a busy morning even with limited cooking skills. Comes with Nutritional Information. **RECIPES included:** Easy Crockpot Breakfast Pie Sausage and Mushroom Florentina Lemongrass and Coconut Chicken Drumsticks Easiest Ever Lamb Roast Coffee Braised Beef Roast Crockpot Thai Beef Stew Slow-Cooked Buffalo Chicken Mexican Pulled Pork Five Spiced Slow-Cooker Pork Ribs And many more... Don't hesitate, pick up your copy **NOW** by clicking the **BUY NOW** button at the top of this page! **\*\*\*Read this book for FREE on Kindle Unlimited - Download Now!\*\*\*** A Personal Note from the Author: This book blends 3 years of my personal experience on Low Carb Diet with countless anecdotes from friends and family who struggled in their weight loss pursuits. I have gone through all the struggles you can imagine while trying to lose weight and lead a healthy lifestyle. Paleo Diet has given me a way to lead a healthy life and I hope the same for you!

## Book Information

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## Customer Reviews

A good read about going into paleo diet with slow cooker. for each recipes the author has provided the method of preparation, the correct ingredient, Illustration of the recipe and the nutrition fact which is highly require for weight loss and weight management . If Weight loss is your primary goal and you like paleo diet this book for you.

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